



## F & S Series Amp Replacement

Some of the Sole treadmill's amps are making a "buzzing noise" while sitting idle . This will go away when any device is plugged into it. This is not a defect; however, we have had several requests to correct this issue. Enclosed is an updated amp that will correct that issue. Please read through the instructions before you install.

Tools Required:

Phillips Screwdriver

Needle-nose Pliers

1. Remove console head assy. from machine.
2. Remove the 12 screws that hold the console head together. (Remove fan assy. as well)
3. Remove the nut from the Amp connector. Keep the nut, it will be used on new Amp
4. Carefully separate the console. (Do not force, you may damage the wires)
5. Locate the Amp board in the upper right corner of the housing.
6. Remove the 2 screws holding the old amp board in the machine.
7. Replace the connectors from the old board to the new :

JK3-Speaker

JK1-Power

JK4-Speaker

8. Install new Amp in same location of old Amp
9. Start the nut onto the Amp's jack. Install and tighten nut.
10. Route wires out of the way and re-assembly the console.

Note: Do not over-tighten screws

Wires should be routed out of the way to prevent damage.